

PORTLAND NATIONAL SOFTBALL COACHES CLINIC

DATE:

January 13-14, 2012

CLINIC SITE:

Sheraton Portland Airport Hotel
8235 NE Airport Way
Portland, OR 97220
(503) 281-2500

ROOM RATES:

Single/Double — \$97/night

NOTE — Please make hotel reservations as early as possible to insure clinic rate. After Dec. 27, 2011, reservations will be accepted based on space and rate availability. Room rate is good Thursday, Friday, Saturday. Mention you will be attending the clinic.

CLINIC FEES:

\$99/person — Pre-registration
\$119/person — At-the-door
\$60/student — Full-time student (ages 23-under)
We accept official school purchase orders.

Clock Hours On Site — Available Through WIAA



SAVE on JUGS Equipment!

Order in advance and you can receive **NSC pricing plus free shipping!** A limited supply of JUGS equipment will be available at the clinic and must be ordered 2 weeks prior to the start of the clinic. For details or to request a catalog, contact us at 913-724-8700 or at staff@nationalsportsclinics.com



**Sheraton Portland
Airport Hotel**



PORTLAND PROGRAM

FRIDAY, JANUARY 13, 2012

SESSION I

- 11:30 - 1:00 **Registration & Exhibitor Display**
- 1:00 - 2:00 **CINDY BRISTOW:** How to Hit In Games Like You Do in Practice
- 2:00 - 3:00 **MICHELLE VENTURELLA:** Defense: Drills & Situations
- 3:00 - 3:30 **Exhibitor Display & Break**
- 3:30 - 4:30 **MICHELLE VENTURELLA:** Drills to Improve Your Catcher
- 4:30 - 5:30 **CRISSY BUCK:** Strength & Conditioning: Is It Important?
- 5:30 - 7:00 **Dinner** (on your own)

SESSION II

- 7:00 - 7:45 **CINDY BRISTOW:** Softball Hitting: What Does A Good Swing Look Like?
- 7:45 - 8:30 **MICHELLE VENTURELLA:** How Good Baserunning Strategy Wins Games
- 8:30 - 9:15 **MIKE WHITE:** Pitching Faults: What to Look for & How to Correct Them
- 9:15 - 11:00 **Coaches Social Hour — Exhibitor Display**

SATURDAY, JANUARY 14, 2012

SESSION III

- 8:00 - 9:00 **CINDY BRISTOW:** Ways to Build Competition & Gamers in Practice
- 9:00 - 9:45 **CRISSY BUCK:** Outfield Play: Infield Dirt vs. Outfield Grass
- 9:45 - 10:30 **KELLY INOUYE-PEREZ:** Team Chemistry: How to Develop It
- 10:30 - 10:45 **Exhibitor Display & Break**
- 10:45 - 11:30 **MIKE WHITE:** The Similarities Between Pitching & Hitting
- 11:30 - 12:00 **CRISSY BUCK:** The Mental Game: Teaching Kids to Handle Pressure
- 12:00 - 1:15 **Lunch** (on your own)

SESSION IV

- 1:15 - 2:00 **KELLY INOUYE-PEREZ:** Managing the Game
- 2:00 - 2:45 **MIKE WHITE:** How to Construct a Year-Round Pitching Plan
- 2:45 - 3:30 **KELLY INOUYE-PEREZ:** Pitcher/Catcher Communication: How to Teach It

WHO'S WHO IN PORTLAND

CINDY BRISTOW — Owner, Softball Excellence • Member, NFCA Hall of Fame • Former Head Coach, Florida Wahoos, Wichita State, New Mexico State • Former Director of National Teams, USA Softball

CRISSY BUCK — Head Coach, California State Univ. - Bakersfield • Former Asst. Coach, Oregon State • 2005 appearance, WCWS • 2005 Pac-10 Champions • 2005 Pacific Region Coaching Staff of the Year

KELLY INOUYE-PEREZ — Head Coach, UCLA • 2010 National Champions • 2009 Pac-10 Coach of Year • 2010 National Coaching Staff of Year • 11 All-Americans, 18 All-Pacific Region and 33 All-Pac-10 selections as head coach

MICHELLE VENTURELLA — Head Coach, Univ. of Illinois-Chicago • 2009 Horizon League Coach of Year • Two-time Horizon League champs • Two NCAA Tournament appearances • 2000 Olympic Gold Medalist

MIKE WHITE — Head Coach, Univ. of Oregon • Guided Ducks to two Super Regionals • Guided UO to third-place finish in Pac-10 • UO ranked in Top 25 in three offensive categories • Ranked 14 in final national poll

2011-12 NATIONAL SOFTBALL COACHES CLINICS

Nov. 18-19 — Sacramento
Dec. 9-10 — Chicago Advanced
Jan. 6-7 — Chicago
Jan. 13-14 — Portland & Minneapolis
Jan. 20-21 — Charlotte Advanced & Nashville
Jan. 27-28 — Kansas City

For information on any of our clinics:
National Sports Clinics
P.O. Box 369 • Basehor, KS • 66007
913-724-8700

**Register for any of our coaches clinics or
shop online at:**
www.nationalsportsclinics.com



2012 NATIONAL SOFTBALL COACHES CLINICS

**January 13-14, 2012
Portland**

Duplicate brochures or wish to be removed from our mailing list? Contact us at: staff@nationalsportsclinics.com

SAVE!
Receive NSC pricing & FREE shipping!
 A limited supply of JUGS equipment will be available at the clinic and must be ordered by Jan 11. Call for details: 913-724-8700

PRESORTED STANDARD
 U.S. POSTAGE
 PAID
 CONSOLIDATED
 MAILING
 CORPORATION

www.nationalsportsclinics.com
70099 SK Basehor,
6936 P.O. Box
Director of Clinics
Mary Nutter c/o
TANOTIAN SPORTS CENTER

(Please use one form per participant. Duplicate registration form as needed.)
PLEASE PRINT CLEARLY

REGISTRATION APPLICATION

NAME _____
 HOME ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE (day) () _____ FAX () _____

SCHOOL NAME _____
 SCHOOL ADDRESS _____
 CITY _____ STATE _____ ZIP _____

Confirmations will be sent only for registrations accompanied by a stamped, self-addressed postcard or envelope.

REFUND POLICY: Please request a refund (less \$20 for handling) by submitting a WRITTEN REQUEST postmarked 10 days prior to clinic date. After that date, no refunds will be issued. Substitutions are allowed with NSC approval.

I am registering for the PORTLAND clinic
Pre-registration must be received by 5 p.m. CST Jan. 11
 _____ adult _____ student (full-time, age 23-under)

CLINIC FEES:
 \$99/person pre-registration
 \$109/person at-the-door
 \$60/full-time student (age 23-under)



\$ _____ Total payment

VISA M/C DISC _____
 Exp. Date: ____/____/____ Cardholder's Name _____
 Cardholder Signature _____

MAKE CHECK, P.O. OR MONEY ORDER

PAYABLE AND MAIL TO:

Did you know...
 — We accept official school Purchase Orders.
 — Receipts will be available at the clinic.
 — You may want to copy this form for your records.
 — You may register securely online using a credit card.
 — You make room reservations directly through the hotel.
 — *Full-time student age 23-under.

National Sports Clinics
 P.O. Box 369
 Basehor, KS 66007

NO VIDEO CAMERAS ALLOWED

WWW.NATIONALSPO RTSCLINICS.COM

PHONE: 913-724-8700

FAX: 913-724-8756