

# ADVANCED NATIONAL SOFTBALL COACHES CLINIC

## CLINIC SITE:

Westin O'Hare Hotel  
6100 N River Road  
Rosemont, IL 60018  
847-698-6000 or 800-937-8461

**FREE PARKING!**

## ROOM RATES:

Single/Double — \$87/night

**NOTE:** Please make your room reservations as early as possible to ensure the clinic rate. After Nov. 24, 2011, hotel reservations will be accepted based on space and rate availability. Room rate is good Thursday, Friday and Saturday. Mention you will be attending the clinic when making your reservation.

## CLINIC FEES:

\$109/person — Pre-registration  
\$119/person — At-the-door registration  
\$79/student — Full-time college student (age 23-under)

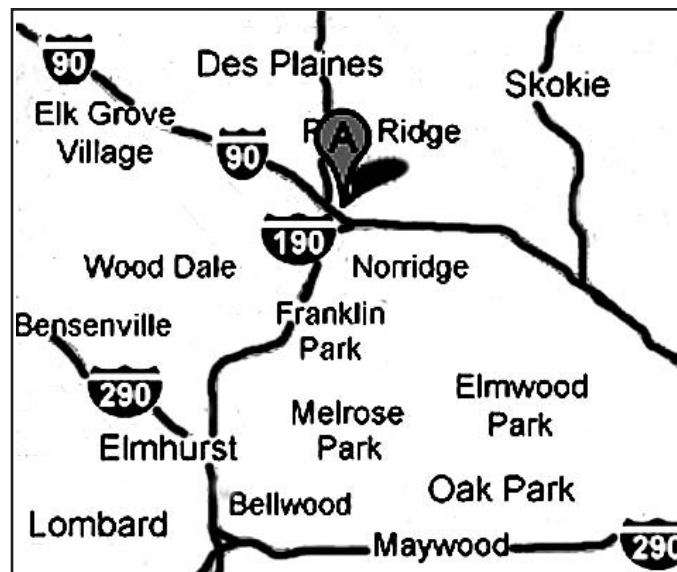
*We encourage you to pre-register!*



## SAVE on JUGS Equipment!

Order in advance and you can receive **NSC pricing plus free shipping!** JUGS equipment will be available at the clinic and must be ordered 2 weeks in advance. For details or to request a catalog, contact us at 913-724-8700 or [staff@nationalsportsclinics.com](mailto:staff@nationalsportsclinics.com)

## The Westin O'Hare



# ADVANCED CLINIC PROGRAM

**FRIDAY, DECEMBER 9, 2011**

## SESSION I

- 11:30 - 1:00 **Registration & Exhibitor Display**
- 1:00 - 2:00 **Carol Hutchins:** Hitting, Fielding & Throwing: Drills to Develop Mental Toughness
- 2:00 - 3:00 **CARYL DROHAN:** Advanced Infield Techniques: Teaching the First Step, Angles & Instincts
- 3:00 - 3:30 **Exhibitor Display & Break**
- 3:30 - 4:30 **LAUREN LAPPIN:** Recognizing Hitter's Weaknesses & Deciding What Pitches to Call
- 4:30 - 5:30 **HOWARD DOBSON:** How to Spot Hitting Problems: Tips & Drills to Correct Them
- 5:30 - 7:00 **Dinner** (on your own)

## SESSION II

- 7:00 - 7:45 **HOWARD DOBSON:** Advanced Hitting Mechanics: How to Teach Hitters to be Aggressive
- 7:45 - 8:30 **CAROL HUTCHINS:** Maintaining Softball Excellence at Any Level
- 8:30 - 9:15 **ERICA BEACH:** Drills to Teach Your Pitchers To Make the Ball Move
- 9:15 - 11:00 **Coaches Social Hour — Exhibitor Display**

**SATURDAY, DECEMBER 10, 2011**

## SESSION III

- 8:00 - 9:00 **HOWARD DOBSON & CAROL HUTCHINS:** Scoring Runs vs. Stopping Runs: Game Strategies That Work
- 9:00 - 9:45 **LAUREN LAPPIN & CARYL DROHAN:** Short Game Offense vs. Slap Defense
- 9:45 - 10:30 **CARYL DOBSON:** Incorporating Hitting Into Practice — Indoors & Outdoors
- 10:30 - 10:45 **Exhibitor Display & Break**
- 10:45 - 11:30 **ERICA BEACH:** Conditioning Your Pitchers: Ways to Build Endurance
- 11:30 - 12:00 **CARYL DROHAN:** Recruiting: How Parents & Athletes Can Avoid Being Crossed Off "The List"
- 12:00 - 1:15 **Lunch** (on your own)

## SESSION IV

- 1:15 - 2:00 **LAUREN LAPPIN:** Advanced Catching Techniques: How to Call the Game
- 2:00 - 2:45 **ERICA BEACH:** Creative & Effective Pitching Workouts
- 2:45 - 3:30 **LAUREN LAPPIN:** Advanced Baserunning Skills & Base Stealing Techniques

# THE LINEUP

## ERICA BEACH

Erica is the Head Coach at the University of New Mexico where she will begin her second season next spring. In her first season with the Lobos, her team improved in critical offensive and defensive areas. She was previously an assistant coach at Ohio State where her pitchers and catchers earned three All-America honors, seven All-Region picks and a Big Ten Freshman of the Year. As a player, Erica was an All-American and Academic All-American pitcher at Arizona State. She also played professionally from 2003-08.

\* \* \* \* \*

## HOWARD DOBSON

Howard is an Assistant Coach at Louisiana State University and enter his first season with the Ragin' Cajuns next spring. He served as Head Coach at Southern Mississippi for four seasons where he coached nine All-Conference USA selections, four C-USA All-Academic picks and three players who were named to the C-USA All-Freshmen team. Howard guided his team to four appearances in the C-USA Tournament. He has also been named to the 2011-12 USA Softball Women's National Team coaching pool.

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## CARYL DROHAN

Caryl is the Associate Head Coach at Northwestern University. She has oversee the Wildcats climb to one of the best offensive teams in the nation. In 2011, NU had a school-record .309 batting average. In the past six years, NU hitters have earned 9 All-America accolades and placed its first player on the U.S. National Team in 2010. Caryl and the NU coaching staff have been named National Coaching Staff of the year once and Midwest Region Coaching Staff of the Year twice.

\* \* \* \* \*

## CAROL HUTCHINS

Carol is the Head Coach at the University of Michigan. Her teams have made nine appearances in the Women's College World Series, won 14 Big Ten titles, 8 Big Ten Tournament titles and 13 NCAA Regional crowns. Carol has been named Big Ten Coach of the Year 12 times, Regional Coach of the Year 8 times and National Coach of the Year two times. Michigan softball players have received 50 All-America citations during her tenure as head coach.

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## LAUREN LAPPIN

Lauren plays professionally for the National Pro Fastpitch's Pride organization. She catches and plays second base for the Pride. Lauren, a collegiate standout at Stanford, was an Olympic silver medalist at the 2008 Summer Games. She won gold medals at the Canada Cup, Pan American Games and World Cup. At Stanford, Lauren was an All-Pac-10 selection three times and Pac-10 Defensive Player of the Year twice. She also received All-Region and All-America honors during her playing career at Stanford.

## ABOUT THE CLINIC...

Our **Advanced National Softball Coaches Clinics** have been an overwhelming success and we're very excited about this year's clinics. Along with the Advanced Clinics, we will conduct our regular clinics in January.

Over the years, a growing number of coaches have expressed a desire to learn the advanced strategies and skills and that's what this clinic is all about — helping you take your coaching to the next level.

The **Advanced National Softball Coaches Clinics** have been designed for the coach who has a strong knowledge of the fundamental skills and strategies. There will be instruction on specific advanced skills along with a strong emphasis on the strategies and mental aspects of the game. We have worked diligently to create a setting where coaches and instructors will be able to exchange and discuss ideas and experiences. I encourage you to pre-register early.

We have selected a wide variety of topics for you to hear and they will be geared toward giving you some of the detailed information that has helped these coaches reach the highest levels of their profession.

If you are ready to take your game and your players to the next level, I encourage you to take this opportunity to learn the finer points of the game from our extraordinary lineup of speakers. Thank you for your commitment to coaching and I look forward to seeing you at one of the **Advanced National Softball Coaches Clinics!**

*— Mary Nutter  
Clinic Director*



Register online securely for any of our National Softball Coaches Clinics!

Shop online for softball-related products from pitching machines to books and videos to softball pins at your convenience 24 hours a day!

[www.nationalsportsclinics.com](http://www.nationalsportsclinics.com)



# 2011

# ADVANCED

# NATIONAL SOFTBALL COACHES CLINIC

**December 9-10, 2011  
CHICAGO**

If you receive duplicate copies of this brochure or wish to be removed from our mailing list, please contact us at: [staff@nationalsportscinics.com](mailto:staff@nationalsportscinics.com) or 913-724-8700

**SAVE!** Receive NSC pricing & FREE shipping! A limited supply of JUGS equipment will be available at the clinic and must be ordered by Nov. 22. Call for details: 913-724-8700

**www.nationalsportscinics.com**  
 70099 KS  
 Basehor, KS 66007  
 P.O. Box 369  
 Clinic Director  
 Mary Nutter  
 c/o NATIONAL SPORTS CLINICS

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 MAILING  
 CORPORATION

## 2011-2012

### NATIONAL SOFTBALL COACHES CLINICS

#### CLINIC SITES & DATES

Nov. 18-19 Sacramento	Jan. 13-14 - Minneapolis
Dec. 9-10 - Chicago Advanced	Jan. 20-21 - Nashville
Jan. 6-7 - Chicago	Jan. 20-21 - Charlotte Advanced
Jan. 13-14 - Portland	Jan. 27-28 - Kansas City

*The pre-registration fee for each 2-day clinic is \$99 and \$109 for the advanced clinics. The fee includes all sessions, coaches social hour, door prizes, exhibitors and coaches notebook.*

If this brochure is addressed to you, you will receive clinic information. If you're not on our mailing list, please contact us: NSC • P.O. Box 369 • Basehor, KS 66007 • Phone: 913-724-8700 • Fax: 913-724-8756 • Email: [staff@nationalsportscinics.com](mailto:staff@nationalsportscinics.com)

## 2012 SOFTBALL CATALOG

- PITCHING MACHINES.
- NOVELTY ITEMS.
- TRADING PINS.
- DVDS. • BOOKS.
- TRAINING TOOLS.
- HOLIDAY CARDS.

You may shop online  
 24 hours a day at  
[www.nationalsportscinics.com](http://www.nationalsportscinics.com)

### REGISTRATION APPLICATION

(Please use one form per participant. Duplicate registration form as needed.)  
 PLEASE PRINT CLEARLY

NAME \_\_\_\_\_  
 HOME ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 PHONE (day) ( ) \_\_\_\_\_ FAX ( ) \_\_\_\_\_  
 SCHOOL NAME \_\_\_\_\_  
 SCHOOL ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Register for Chicago **ADVANCED** clinic  
**Pre-registration must be received by Dec. 7**  
 \_\_\_\_\_ adult \_\_\_\_\_ student (full-time age 23-under)

\$ \_\_\_\_\_ Total payment

VISA M/C DISC \_\_\_\_\_  
 Exp. Date: \_\_\_\_ / \_\_\_\_ Cardholder's Name \_\_\_\_\_  
 Cardholder Signature \_\_\_\_\_



#### CLINIC FEES:

\$109/person pre-registration  
 \$119/person at-the-door  
 \$79/full-time student\* (See Below)

Confirmations will be sent **only** for registrations accompanied by a stamped, self-addressed postcard or envelope.

**REFUND POLICY:** If you're unable to attend, please request a refund (less \$20 for handling) by submitting a *WRITTEN REQUEST* postmarked 10 days prior to clinic date. After that date, no refunds will be issued. Substitutions must be approved 22 hours prior to the clinic.

**Did you know...**  
 — We accept official school Purchase Orders.  
 — Receipts will be available at the clinic.  
 — You may want to copy this form for your records.  
 — You may register securely online using a credit card.  
 — You make room reservations directly through the hotel.  
 — \*Full-time student age 23-under.

**MAKE CHECK, P.O. OR MONEY  
 ORDER PAYABLE AND MAIL TO:**

National Sports Clinics  
 P.O. Box 369  
 Basehor, KS 66007

**NO VIDEO CAMERAS ALLOWED**

**WWW.NATIONALSPOORTSCINICS.COM**

**PHONE: 913-724-8700**

**FAX: 913-724-8756**