



2010 NATIONAL SOFTBALL COACHES CLINICS

**January 15-16, 2010
Portland**

**January 22-23, 2010
Denver**

Duplicate brochures or wish to be removed from our mailing list? Contact us at: staff@nationalsportsclinics.com

SAVE!

JUGS Equipment

Receive NSC pricing & FREE shipping!
A limited supply of JUGS equipment will be available at the clinic and must be ordered two weeks before the clinic. Call for details: 913-724-8700

NATIONAL SPORTS CLINICS
c/o Mary Nutter
Clinic Director
P.O. Box 369
Basehor, KS 66007
www.nationalsportsclinics.com

Return Service Requested

PRESORTED STANDARD
U.S. POSTAGE
PAID
CONSOLIDATED
MAILING
CORPORATION

WHO'S WHO IN PORTLAND

AMANDA FREED — Olympic Gold Medalist • Member, Chicago Bandits of the NPF • 2003 Pam American Games Gold Medalist • 2002 ISF World Champion Gold Medalist • 1999 NCAA National Champion at UCLA • All-American at UCLA

KRISTI BREDBENNER — Head Coach, Emporia State Univ. • 2006 National Coaching Staff of the Year • Two-time NCAA Division II National Championship Runner-Up • Four-time MIAA Champions & MIAA Tournament Champions • Two-time MIAA Coach of The Year

JOHN TSCHIDA — Head Coach, University of Saint Thomas (Minn.) • Three-time National Champions • Two-time National Coaching Staff of the Year • 11-time conference champions • Five-time regional champions • Eight-time conference Coach of the Year

JENNY CONDON — Head Coach, Cal Poly San Luis Obispo • Big West Conference champions in 2007 & 2009 • Three-time Big West Conference Coach of the Year • Two appearances NCAA regionals • Four-time All-Big Eight selection (player)

MIKE WHITE — Head Coach, University of Oregon • Former asst. coach, Univ. of Oregon • Member, USA Men's National Team • 2009 Inductee, International Softball Congress Hall of Fame & New Zealand Softball Assn. Hall of Fame

WHO'S WHO IN DENVER

PAM NEWTON — Former Head Coach, U.S. Junior National Team • Guided U.S. to gold medal at 2002 Pan Am Jr. Women's Championship • Head Coach, 18U Gold Cal Lite • Former world champion • Eight-time ASA All-American

RHONDA REVELLE — Head Coach, University of Nebraska • Three-time Big 12 Coach of the Year • Two appearances WCWS • Three-time Big 12 champions • Three-time Big 12 Tournament champions • Member, 600+ Victory Club

AMANDA FREED — Olympic Gold Medalist • Member, Chicago Bandits of the NPF • 2003 Pam American Games Gold Medalist • 2002 ISF World Champion Gold Medalist • 1999 NCAA National Champion at UCLA • All-American at UCLA

EILEEN SCHMIDT — Head Coach, Univ. of Virginia • Former Head Coach, Univ. of Kentucky • NCAA All-American catcher at Univ. of Virginia • 1993 ACC Player of the Year • Three-time All-ACC selection • Former U.S. National Team member

CORRIE HILL — Asst. Coach, Univ. of Texas • 2006 Midwest Region Coaching Staff of the Year • 2006 Big 12 champions • 2006 WCWS appearance • Former head coach, Univ. of Texas - San Antonio • 2004 Southland Conference Coach of the Year

2009-10 NATIONAL SOFTBALL COACHES CLINICS

Nov. 20-21 — Chicago (Advanced)
Jan. 8-9 — Chicago & Nashville
Jan. 15-16 — Portland & Minneapolis
Jan. 22-23 — Denver & Charlotte (Advanced)
Jan. 29-30 — Kansas City

913-724-8700 or www.nationalsportsclinics.com

REGISTRATION APPLICATION

(Please use one form per participant. Duplicate registration form as needed.)
PLEASE PRINT CLEARLY

NAME _____
HOME ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE (day) () _____ FAX () _____
SCHOOL NAME _____
SCHOOL ADDRESS _____
CITY _____ STATE _____ ZIP _____

Confirmations will be sent *only* for registrations accompanied by a stamped, self-addressed postcard or envelope.

REFUND POLICY: Please request a refund (less \$20 for handling) by submitting a WRITTEN REQUEST postmarked 10 days prior to clinic date. After that date, no refunds will be issued. Substitutions are allowed with NSC approval.

I am registering for the PORTLAND clinic
Pre-registration must be received by 5 p.m. CST Jan. 13
adult _____ student (full-time, age 23-under)

I am registering for the DENVER clinic
Pre-registration must be received by 5 p.m. CST Jan. 20
adult _____ student (full-time, age 23-under)

CLINIC FEES:
\$89/person pre-registration
\$99/person at-the-door
\$60/full-time student (age 23-under)

\$ _____ Total payment

VISA M/C DISC _____
Exp. Date: ____/____/____ Cardholder's Name _____
Cardholder Signature _____

DID YOU KNOW...

- We accept official school Purchase Orders.
- Receipts will be available at the clinic.
- You may want to copy this form for your records.
- You may register securely online using a credit card.
- You make room reservations directly through the hotel.
- *Full-time student age 23-under.

MAKE CHECK, P.O. OR MONEY ORDER
PAYABLE AND MAIL TO:

National Sports Clinics
P.O. Box 369
Basehor, KS 66007

NO VIDEO CAMERAS ALLOWED

WWW.NATIONALSPO RTSCLINICS.COM

PHONE: 913-724-8700

FAX: 913-724-8756

PORTLAND NATIONAL SOFTBALL COACHES CLINIC

DATE:

January 15-16, 2010

CLINIC SITE:

Sheraton Portland Airport Hotel
8235 NE Airport Way
Portland, OR 97220
(503) 281-2500

ROOM RATES:

Single — \$91/night
Double — \$91/night

NOTE — Please make hotel reservations as early as possible to insure clinic rate. After Dec. 29, 2009, reservations will be accepted based on space and rate availability. Room rate is good Thursday, Friday, Saturday. Mention you will be attending the clinic.

CLINIC FEES:

\$89/person — Pre-registration
\$99/person — At-the-door
\$60/student — Full-time student (ages 23-under)
We accept official school purchase orders.

Clock Hours On Site — Available Through WIAA

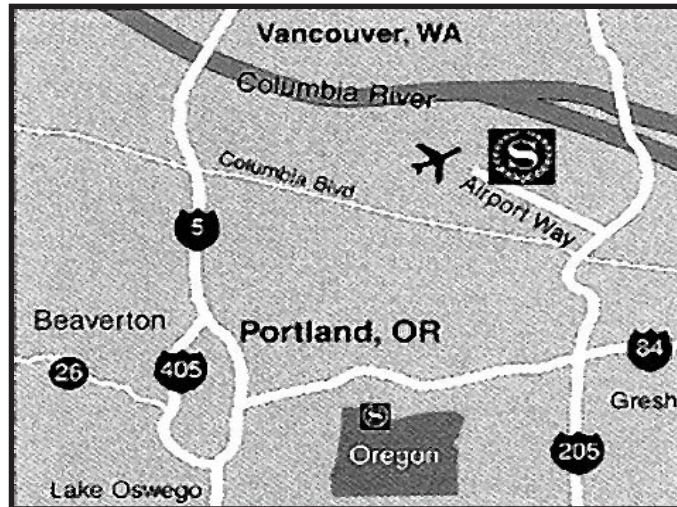


SAVE on JUGS Equipment!

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Sheraton Portland Airport Hotel



PORTLAND PROGRAM

FRIDAY, JANUARY 15, 2010

SESSION I

- 11:30 - 1:00 **Registration & Exhibitor Display**
- 1:00 - 2:00 **John Tschida:** Infield Play: Developing the Footwork & Hands
- 2:00 - 3:00 **Kristi Bredbenner:** Catching Skills: Throwing Blocking, Bunt Coverage & Communication
- 3:00 - 3:30 **Exhibitor Display & Break**
- 3:30 - 4:30 **Jenny Condon:** Outfield: Mechanics, Fundamentals & Drills
- 4:30 - 5:30 **Amanda Freed:** Pitching Fundamentals: How Coaches Can Teach Pitching
- 5:30 - 7:00 **Dinner** (on your own)

SESSION II

- 7:00 - 7:45 **John Tschida:** Hitting: Clearing Up Some Misconceptions
- 7:45 - 8:30 **Kristi Bredbenner:** My Favorite Catching Drills & How They Will Help Your Catcher!
- 8:30 - 9:15 **Mike White:** Pitching Routines: Taking Your Pitcher from Practice to the Game
- 9:15 - 11:00 **Coaches Social Hour & Exhibitor Display**

SATURDAY, JANUARY 16, 2010

SESSION III

- 8:00 - 9:00 **John Tschida:** Hitting Drills That Will Make Your Team Better
- 9:00 - 9:45 **Kristi Bredbenner:** Coaches Sit In the Dugout: Who Should Call the Game?
- 9:45 - 10:30 **Jenny Condon:** Mental Training: How to Practice It
- 10:30 - 10:45 **Exhibitor Display & Break**
- 10:45 - 11:30 **Amanda Freed:** The Importance of an Effective Change Up
- 11:30 - 12:00 **Mike White:** Tips on How to Build an Effective Line Up
- 12:00 - 1:15 **Lunch** (on your own)

SESSION IV

- 1:15 - 2:00 **Jenny Condon:** Recruiting: Tips on How to Get Your Players Recruited
- 2:00 - 2:45 **Amanda Freed:** Pitching Drills: Increasing Speed, Correcting Problems & More!
- 2:45 - 3:30 **Mike White:** Set Them Up, Sit Them Down: A Successful Pitching Strategy

DENVER NATIONAL SOFTBALL COACHES CLINIC

DATE:

January 22-23, 2010

CLINIC SITE:

Red Lion Hotel Denver Southeast (former Radisson)
3200 S. Parker Rd
Aurora, CO 80014
(303) 695-1700

ROOM RATES:

Single — \$79/night
Double — \$79/night

NOTE — Please make hotel reservations as early as possible to insure clinic rate. After Jan. 7, 2009, reservations will be accepted based on space and rate availability. Room rate is good Thursday, Friday, Saturday. Mention you will be attending the clinic.

CLINIC FEES:

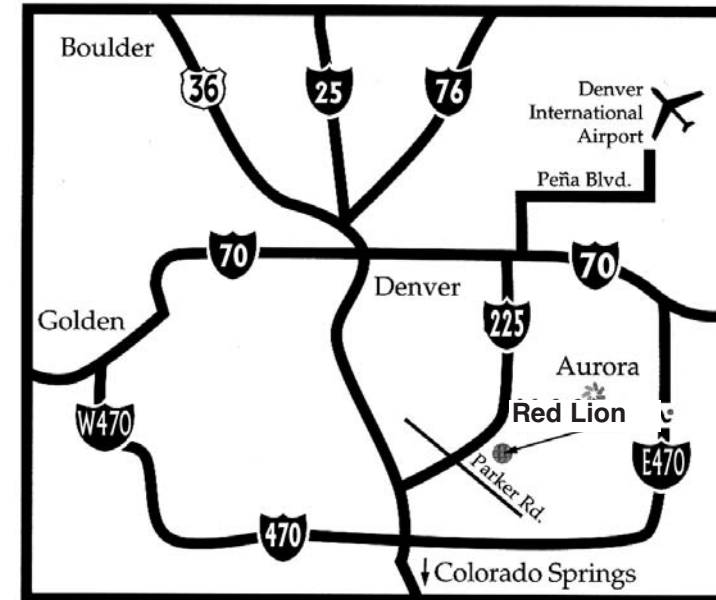
\$89/person — Pre-registration
\$99/person — At-the-door
\$60/student — Full-time student (ages 23-under)
We accept official school purchase orders.



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Red Lion Hotel Denver Southeast



DENVER PROGRAM

FRIDAY, JANUARY 22, 2010

SESSION I

- 12:00 - 1:00 **Registration & Exhibitor Display**
- 1:00 - 2:00 **Eileen Schmidt:** Catching Skills, Fundamentals & Drills: Making Your Catcher Better
- 2:00 - 3:00 **Rhonda Revelle:** Indoor Practice: What Can My Team Do Indoors?
- 3:00 - 3:30 **Exhibitor Display & Break**
- 3:30 - 4:30 **Amanda Freed:** Mastering the Mechanics of Pitching
- 4:30 - 5:30 **Pam Newton:** Fast or Slow? Smart Baserunning Wins Games!
- 5:30 - 7:00 **Dinner** (on your own)

SESSION II

- 7:00 - 7:45 **Eileen Schmidt:** Set Them Up, Sit Them Down! How to Call the Game
- 7:45 - 8:30 **Rhonda Revelle:** Game Situations: Making the Most of Your Offense
- 8:30 - 9:15 **Corrie Hill:** Hitting Mechanics & Drills
- 9:15 - 11:00 **Coaches Social Hour & Exhibitor Display**

SATURDAY, JANUARY 23, 2010

SESSION III

- 8:00 - 9:00 **Eileen Schmidt:** Practice Organization: How to Fit it All In
- 9:00 - 9:45 **Rhonda Revelle:** Recruiting: Tips for How to Get Your Players Recruited
- 9:45 - 10:30 **Pam Newton:** Middle Infield: Make It a Priority
- 10:30 - 10:45 **Exhibitor Display & Break**
- 10:45 - 11:30 **Amanda Freed:** The Importance of an Effective Change Up
- 11:30 - 12:00 **Corrie Hill:** Slap Hitting Mechanics
- 12:00 - 1:15 **Lunch** (on your own)

SESSION IV

- 1:15 - 2:00 **Pam Newton:** There's a New Sheriff in Town: Building a Successful Season
- 2:00 - 2:45 **Amanda Freed:** Pitching Drills: Increasing Speed, Correcting Problems & More
- 2:45 - 3:30 **Corrie Hill:** The Mental Side of Coaching Hitting: Practice vs. Game Coaching