



2010

ADVANCED

**NATIONAL
SOFTBALL
COACHES
CLINIC**

**January 22-23, 2010
CHARLOTTE**

If you receive duplicate copies of this brochure or wish to be removed from our mailing list, please contact us at: staff@nationalsportsclinics.com or 913-724-8700

SAVE! Receive **NSC pricing & FREE shipping!** A limited supply of JUGS equipment will be available at the clinic and must be ordered by Nov. 24. Call for details: 913-724-8700

www.nationalsportsclinics.com
70099 KS
Basehor, KS 369
P.O. Box 369
Clinic Director
c/o Mary Nutter
NATIONAL SPORTS CLINICS

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 CORPORATION

**2009-2010
NATIONAL SOFTBALL COACHES CLINICS**

CLINIC SITES & DATES

Nov. 20-21 - Chicago (Advanced)	Jan. 15-16 - Portland, OR
Jan. 8-9 - Chicago	Jan. 22-23 - Charlotte, NC (Advanced)
Jan. 8-9 - Nashville	Jan. 22-23 - Denver
Jan. 15-16 - Minneapolis	Jan. 29-30 - Kansas City

The pre-registration fee for each 2-day national clinic is \$89 and \$99 for the advanced clinic. The fee includes all sessions, coaches social hour, door prizes, exhibitors and coaches notebook.

If this brochure is addressed to you, you will receive clinic information. If you're not on our mailing list, please contact us: NSC • P.O. Box 369 • Basehor, KS 66007 • Phone: 913-724-8700 • Fax: 913-724-8756 • Email: staff@nationalsportsclinics.com

**2010
SOFTBALL
CATALOG**

- PITCHING MACHINES.
- NOVELTY ITEMS.
- TRADING PINS.
- DVDS.
- BOOKS.
- TRAINING TOOLS.
- HOLIDAY CARDS.

You should receive a free copy of our catalog by Nov. 15. You may shop online 24-hours a day at www.nationalsportsclinics.com

REGISTRATION APPLICATION

(Please use one form per participant. Duplicate registration form as needed.)

PLEASE PRINT CLEARLY

NAME _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (day) () _____ FAX () _____

SCHOOL NAME _____

SCHOOL ADDRESS _____

CITY _____ STATE _____ ZIP _____

Register for Charlotte **ADVANCED** clinic
 Pre-registration must be received by **Jan. 20**
 _____ adult _____ student (full-time age 23-under)

\$ _____ Total payment

VISA M/C DISC _____

Exp. Date: ____/____/____ Cardholder's Name _____

Cardholder Signature _____

CLINIC FEES:

\$99/person pre-registration
 \$109/person at-the-door
 \$79/full-time student* (See Below)

Confirmations will be sent *only* for registrations accompanied by a stamped, self-addressed postcard or envelope.

REFUND POLICY: If you're unable to attend, please request a refund (less \$20 for handling) by submitting a *WRITTEN REQUEST* postmarked 10 days prior to clinic date. After that date, no refunds will be issued. Substitutions must be approved 22 hours prior to the clinic.

DID YOU KNOW...

- We accept official school Purchase Orders.
- Receipts will be available at the clinic.
- You may want to copy this form for your records.
- You may register securely online using a credit card.
- You make room reservations directly through the hotel.
- *Full-time student age 23-under.

**MAKE CHECK, P.O. OR MONEY
ORDER PAYABLE AND MAIL TO:**

National Sports Clinics
 P.O. Box 369
 Basehor, KS 66007

NO VIDEO CAMERAS ALLOWED

WWW.NATIONALSPO RTSCLINICS.COM

PHONE: 913-724-8700

FAX: 913-724-8756

ADVANCED NATIONAL SOFTBALL COACHES CLINIC

DATE:

January 22-23, 2010

CLINIC SITE:

Sheraton Charlotte Airport Hotel
3315 Scott Futrell Dr.
Charlotte, NC 28208
704-392-1200

ROOM RATES:

Single — \$89/night
Double — \$89/night

NOTE: Please make your room reservations as early as possible to ensure the clinic rate. After Jan. 8, 2010, hotel reservations will be accepted based on space and rate availability. Room rate is good Thursday, Friday and Saturday. Mention you will be attending the clinic when making your reservation.

CLINIC FEES:

\$99/person — Pre-registration
\$109/person — At-the-door registration**
\$79/student — Full-time college student (age 23-under)

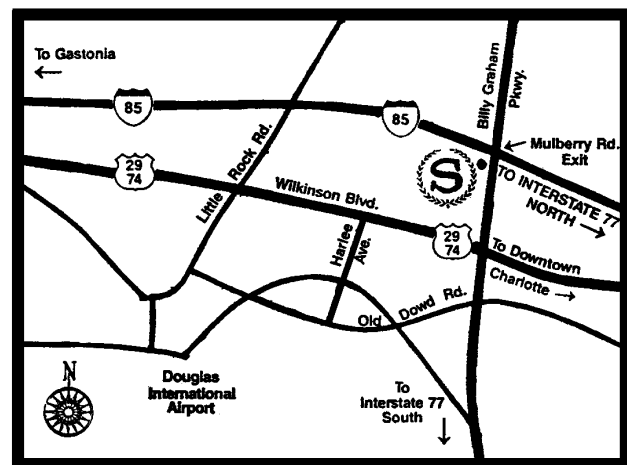
****Space will be limited, so we encourage you to pre-register! No guarantee of space available the day of the clinic.**



SAVE on JUGS Equipment!

Order in advance and you can receive **NSC pricing plus free shipping!** JUGS equipment will be available at the clinic and must be ordered 2 weeks in advance. For details or to request a catalog, contact us at 913-724-8700 or at staff@nationalsportsclinics.com

Sheraton Charlotte Airport Hotel



ADVANCED CLINIC PROGRAM

FRIDAY, JANUARY 22, 2010

SESSION I

- 12:00 - 1:00 **Registration & Exhibitor Display**
1:00 - 2:00 **Patrick Murphy:** How to Hit Location Pitches & Increase Bat Speed
2:00 - 3:00 **Patrick Murphy:** Correct Fundamentals of Fielding & Throwing
3:00 - 3:30 **Exhibitor Display & BREAK**
3:30 - 4:30 **Michelle Venturella:** How to Teach Catchers to Call Their Own Game
4:30 - 5:30 **Patrick Murphy:** Secrets of a Run-Producing Offense
5:30 - 7:00 **Dinner** (on your own)

SESSION II

- 7:00 - 7:45 **Jacque Joseph:** How to Prevent Mental Errors That Can Lose a Game
7:45 - 8:30 **Cindy Bristow:** Developing Active & Effective Practice Plans
8:30 - 9:15 **Lonni Alameda:** Advanced Pitching: Drop Ball & Change Up
9:15 - 11:00 **COACHES SOCIAL HOUR**

SATURDAY, JANUARY 23, 2010

SESSION III

- 8:00 - 9:00 **Michelle Venturella:** A Catchers Progression for Receiving, Blocking & Throwing
9:00 - 9:45 **Cindy Bristow:** Making Charting Simple to Help Your Pitchers
9:45 - 10:30 **Jacque Joseph:** Bunting Skills in Pressure Situations
10:30 - 10:45 **Exhibitor Display & BREAK**
10:45 - 11:30 **Michelle Venturella:** How Good Baserunning Strategy Wins Ballgames
11:30 - 12:00 **Lonni Alameda:** How to Pitch to a Good Slapper
12:00 - 1:15 **LUNCH** (on your own)

SESSION IV

- 1:15 - 2:00 **Cindy Bristow:** Developing Mental Toughness: How To Do It
2:00 - 2:45 **Jacque Joseph:** Defensive Situations: Defending the Short Game
2:45 - 3:30 **Lonni Alameda:** How to Spot Pitching Problems & Then Fix Them

THE LINEUP

LONNI ALAMEDA

Lonni begins her second season as the Head Coach at Florida State University. During her first season at the helm, Lonni guided the Seminoles to a second place finish in the Atlantic Coast Conference standings and at the ACC Tournament. She had four players earn All-ACC honors, six earned All-ACC Academic honors and the ACC Pitcher of the Year. Lonni has also served as an assistant coach for Canada's National Team. Prior to Florida State, Lonni was the head coach at UNLV, where she was named Mountain West Conference Coach of the Year twice and West Region Coaching Staff of the Year in 2005.

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CINDY BRISTOW

Cindy is the founder and owner of Softball Excellence, providing softball instruction to players and coaches online, in person and through books and dvds. She is the former Director of Development for the International Softball Federation and Director of National Teams for USA Softball. She is a color analyst for ESPN. Cindy has coached in the Women's Professional Fastpitch league as well as at the collegiate level. She is a member of the National Fastpitch Coaches Association Hall of Fame. During her playing career, she was a pitcher at the collegiate and amateur levels.

* * * * *

JACQUE JOSEPH

Jacque is the Head Coach at Michigan State University. She has won more than 600 games in her career and is the winningest softball coach in Spartan history. Her team won it first Big Ten Tournament in 2004. In 2003, Jacque was named the Big Ten Coach of the Year and Great Lakes Region Coach of the Year. She has coached five All-Americans and her players have earned All-Big Ten honors 40 times and All-Great Lakes Region honors 27 times. Seven of her players have been named Academic All-Americans, the most of any active coach in the Michigan State Athletics Department. Jacque is also past president of the NFCA.

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PATRICK MURPHY

Patrick is the head coach at the University of Alabama, where he had guided the Crimson Tide to six Women's College World Series appearances. In 2008, Alabama advanced to the national semifinals for the first time, finishing tied for third place. Patrick and his staff have received South Region Coaching Staff of the Year honors five times. His teams have made 11 straight NCAA regional appearances. His players have earned All-America honors and All-SEC honors more than 40 times. In 2009, Patrick helped guide the USA National Team to the gold medal at the Pan Am Qualifier.

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MICHELLE VENTURELLA

Michelle is the Head Coach at the University of Illinois at Chicago. In her inaugural season at UIC, she guided the Flames to the 2009 Horizon League championship. She was named Horizon League Coach of the Year in 2009. Prior to taking the helm at UIC, Michelle was the assistant coach at the University of Iowa, where she helped guide the Hawkeyes to the 2003 Big Ten regular season and tournament titles and five appearances in the NCAA tournament. During her playing career, Michelle won a gold medal on the 2000 USA Olympic Team and was an alternate for the 1996 Olympic Team. She was an NCAA All-American and Big Ten Player of the Year at Indiana University.

ABOUT THE CLINIC...

Our **Advanced National Softball Coaches Clinic** in Chicago has been an overwhelming success and we're very excited about adding the clinic in Charlotte. Along with the Advanced Clinics, we will conduct our regular clinics in January.

Over the years, a growing number of coaches have expressed a desire to learn the advanced strategies and skills and that's what this clinic is all about — helping you take your coaching to the next level.

The **Advanced National Softball Coaches Clinic** has been designed for the coach who has a strong knowledge of the fundamental skills and strategies. There will be instruction on specific advanced skills along with a strong emphasis on the strategies and mental aspects of the game. In an effort to create a setting where coaches and instructors will be able to exchange and discuss ideas and experiences, **we will limit registration.** I encourage you to pre-register early.

We have selected a wide variety of topics for you to hear and they will be geared toward giving you some of the detailed information that has helped these coaches reach the highest levels of their profession.

If you are ready to take your game and your players to the next level, I encourage you to take this opportunity to learn the finer points of the game from our extraordinary lineup of speakers. Thank you for your commitment to coaching and I look forward to seeing you this December at the **Advanced National Softball Coaches Clinic!**

— Mary Nutter
Clinic Director



Register online securely for any of our National Softball Coaches Clinics!

Shop online for softball-related products from pitching machines to books and videos to softball pins at your convenience 24 hours a day!

www.nationalsportsclinics.com